



Scarborough TUCKSHOP 2018

Open Wednesday, Thursday and Friday
1st and 2nd breaks

How to order

1. On-line with Flexischools at www.flexischools.com.au. Quick, convenient and no need to carry cash. Ask your convenor for details.
2. The original bag system. Please pre-order hot food. A separate bag is required for 1st and 2nd breaks and drink orders.

HOT MEALS

Chicken Wrap \$3.80

Tender Chicken with crispy lettuce and mayo in a tortilla wrap

Spaghetti Bolognese \$4.00

Homemade. A traditional Italian favourite

Macaroni Cheese \$3.80

Pasta in a smooth cheesy sauce

BURGERS

Cheeseburger \$4.00

Premium beef pattie with cheese and tomato sauce

Cheeseburger with salad \$4.50

Premium beef pattie with cheese, tomato sauce, lettuce, carrot and beetroot

Chicken Burger \$4.00

Premium chicken pattie with lettuce and mayo

Chicken Burger with salad \$4.50

Premium chicken pattie with lettuce, carrot, beetroot and mayo

HOT SNACKS

Chicken Nuggets x 4 (GF) \$3.00

Nachos \$3.00

with mild tomato salsa topped with cheese

Chicken Goujons 5 for \$3.50

Sausage Roll (Low Fat) \$3.50

Garlic Bread \$2.50

Hot Dog with sauce \$3.50

Corn on the Cob \$1.00

SALADS

Rainbow \$4.00

Lettuce, tomato, cheese, carrot, beetroot and egg

Rainbow with chicken or ham \$4.50

SANDWICHES *Choice of white or wholemeal bread,*

gluten free bread +\$1.00, Wrap +\$1.00

Salad \$4.00

Lettuce, tomato, carrot and beetroot

Egg and Lettuce \$3.50

Cheese and Tomato \$3.50

Plain Ham or Chicken \$3.50

Ham, Chicken or Cheese with salad \$4.50

Vegemite, Jam or Honey \$2.00

TOASTIES *Choice of white or wholemeal bread,*

gluten free bread +\$1.00

Cheese and Tomato \$3.80

Chicken and Cheese \$3.80

Ham and Cheese \$3.80

Ham, Cheese and Tomato \$4.30

Baked Bean \$3.80

Spaghetti \$3.80

SNACKS

Apple \$1.00

Apple Crumble \$2.00

Custard Cup \$2.00

Jelly Cup \$1.50

Various fruity flavours, with or without icecream

Lucky Dip \$1.00

Fresh from the oven

Popcorn \$.50

Pretzels \$.50

Boiled Egg \$1.00

A nutritious snack

Cheese and Biscuits \$1.50

FROZEN SNACKS

Frozen Yoghurt \$2.50

Choose from Mango or Raspberry

Sour Zing \$1.00

Lemonade Icy Pole \$1.50

Pineapple Hula Hoop \$1.00

Refreshing fruity snack

GLUTEN FREE

If you wish to consult product packaging prior to consumption

please ask your convenor

Triple Choc Cookie \$2.80

Vanilla Ice Cream Cup \$1.50

DRINKS

Bottled water - Plain 600ml \$1.50

Quench Flavoured Water - 350ml \$2.50

A variety of flavours

Juice - 250ml popper \$1.50

100% juice: Apple or Tropical

Flavoured Milk \$2.40

Chocolate or Strawberry

Plain Milk \$1.00

Extras:

Tomato sauce \$0.50

Forks/Spoons \$0.10

Paper Bags \$0.10

All items subject to availability.

Some menu items may contain traces of nuts, seeds, bee and pollen products.

Our tuckshop provides a fantastic service to our school community and we rely on your support.

We hope you enjoy our menu.