



# Scarborough TUCKSHOP 2017

Open Wednesday, Thursday and Friday  
1st and 2nd breaks

## How to order

1. On-line with Flexischools at [www.flexischools.com.au](http://www.flexischools.com.au). Quick, convenient and no need to carry cash. Ask your convenor for details.
2. The original bag system. Please pre-order hot food. A separate bag is required for 1st and 2nd breaks and drink orders.

### HOT MEALS

**Chicken Wrap** \$3.80

*Tender Chicken with crispy lettuce and mayo in a tortilla wrap*

**Beef Lasagne** \$3.80

*A traditional Italian favourite*

**Macaroni Cheese** \$3.60

*Pasta in a smooth cheesy sauce*

**Burrito Wrap** \$3.80

*Mexican flavoured mince, salsa, tomato, cheese and lettuce*

### BURGERS

**Cheeseburger** \$4.00

*Premium beef pattie with cheese and tomato sauce*

**Cheeseburger with salad** \$4.50

*Premium beef pattie with cheese, tomato sauce, lettuce, carrot and beetroot*

**Chicken Burger** \$4.00

*Premium chicken pattie with lettuce and mayo*

**Chicken Burger with salad** \$4.50

*Premium chicken pattie with lettuce, carrot, beetroot and mayo*

### HOT SNACKS

**Chicken Nuggets x 4 (GF)** \$3.00

**Nachos** \$3.00

*with mild tomato salsa topped with cheese*

**Nachos with mince** \$3.50

*Mexican flavoured mince, salsa and cheese*

**Sausage Roll (Low Fat)** \$3.50

**Garlic Bread** \$2.20

**Corn on the Cob** \$1.00

### SALADS

**Rainbow** \$4.00

*Lettuce, tomato, cheese, carrot, beetroot and egg*

**Rainbow with chicken or ham** \$4.50

**SANDWICHES** *Choice of white or wholemeal bread*

**Salad** \$4.00

*Lettuce, tomato, carrot and beetroot*

**Egg and Lettuce** \$3.50

**Cheese and Tomato** \$3.50

**Plain Ham or Chicken** \$3.50

**Ham, Chicken or Cheese with salad** \$4.50

**Vegemite, Jam or Honey** \$2.00

**TOASTIES** *Choice of white or wholemeal bread*

**Cheese and Tomato** \$3.80

**Chicken and Cheese** \$3.80

**Ham and Cheese** \$3.80

**Ham, Cheese and Tomato** \$4.30

**Baked Bean** \$3.80

**Spaghetti** \$3.80

### SNACKS

**Apple** \$1.00

**Apple Crumble** \$2.00

**Custard Cup** \$2.00

**Jelly Cup** \$1.50

*Various fruity flavours, with or without icecream*

**Lucky Dip** \$1.00

*Fresh from the oven*

**Popcorn** \$ .50

**Boiled Egg** \$1.00

*A nutritious snack*

**Cheese and Biscuits** \$1.50

### FROZEN SNACKS

**Frozen Yoghurt** \$2.50

*Choose from Mango or Raspberry*

**Sour Zing** \$1.00

**Lemonade Icy Pole** \$1.50

**Pineapple Hula Hoop** \$1.00

*Refreshing fruity snack*

### GLUTEN FREE

*If you wish to consult product packaging prior to consumption please ask your convenor*

**Triple Choc Cookie** \$2.80

**Vanilla Ice Cream Cup** \$1.30

### DRINKS

**Bottled water - Plain 600ml** \$1.50

**Quench Flavoured Water - 350ml** \$2.50

*A variety of flavours*

**Juice - 250ml popper** \$1.50

*100% juice: Apple or Tropical*

**Flavoured Milk** \$2.40

*Chocolate or Strawberry*

**Plain Milk** \$1.00

**Extras:**

**Tomato sauce** \$0.50

**Forks/Spoons** \$0.10

**Paper Bags** \$0.10

All items subject to availability.

Some menu items may contain traces of nuts, seeds, bee and pollen products.

Our tuckshop provides a fantastic service to our school community and we rely on your support.

We hope you enjoy our menu.